Holywell Recreational Park, *The Blue Mountains*
Located over 3,000 feet above sea-level in the cool, tropical mist forests of the Blue and John Crow Mountains National Park, Holywell is the perfect escape. It is the largest recreation area within the National Park, and the closest to the capital of Kingston.
Opening Hours: Tuesdays-Sundays 9:00am-5:00pm
Contact: 876-920-8278
Email: marketing@blueandjohncrowmountains.org
Website: www.blueandjohncrowmountains.org

Old Tavern Coffee Estate, *Green Hills, Portland, 1 Mile after Holywell Park*
Old Tavern Coffee Estate has offered 'mountain hospitality' to visitors for many years which includes an introduction to how coffee is grown processed and roasted. Walking on the trails through the coffee fields is also available for the fit and young at heart.
Opening Hours: Open most days, call ahead of time
Contact: 876-865-2978
Email: oldtaverncoffee@gmail.com

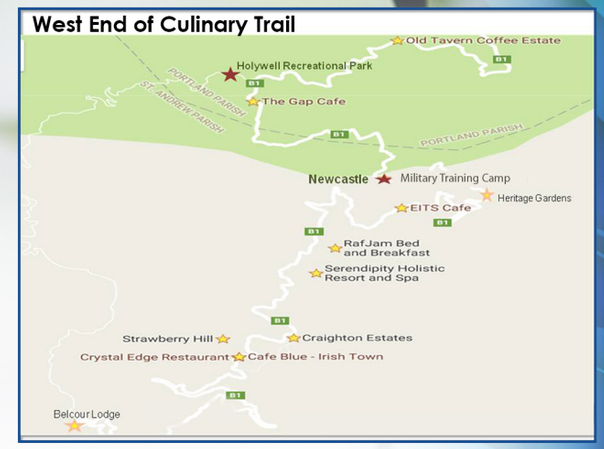
Blue Ridge Restaurant and Cottages, *Lot 9 Salt Hill Road (Close to Quashie Gap)*
The Picturesque property is nestled at the top of the Hill offering an unmatched view of the Blue Mountains. Blue Ridge offers cottage accommodation and a wide variety of dining options.
Opening Hours: Sat: 11:00am-9:00pm, Sun: 11:00am-6:00pm
(By Reservations Only)
Contact: 876-562-7580
Email: blueridgeja@gmail.com / Website: www.blueridgeja.com
Instagram: @blueridgeja

Mavis Bank Coffee Factory, *Mavis Bank*
Mavis Bank Coffee Factory remains a place where time seems to stand still. It is a corner of the world where modern conveniences sit quietly amid unspoiled terrain. After a 45 minute tour - sit under the picturesque gazebo and enjoy a cup of JABLUM - 100% Jamaica Blue Mountain Coffee.
Opening Hours: Monday-Friday, 9:00am-2:00pm
Contact: 876-977-8528 / 977-8530
Email: marketing@mbcfcoffee.com
Website: www.jablumcoffee.com





The Jamaica Blue Mountain Culinary Trail Map





Ministry of Tourism
THE TOURISM LINKAGES NETWORK
GASTRONOMY NETWORK

Jamaica Tourism Centre
64 Knutsford Boulevard
Kingston 5, Jamaica, West Indies
Telephone: (876) 920-4926-30
E-mail: tourismlinkages@mot.gov.jm
Fax: (876) 920-4944 I Website: www.mot.gov.jm



MINISTRY OF TOURISM

THE JAMAICA BLUE MOUNTAIN CULINARY TRAIL



The Ministry of Tourism has identified Gastronomy tourism as a medium for diversifying the Jamaican tourism product in order to strengthen our competitive advantage in the international market.

Through the Tourism Linkages Network programme our **Gastronomy Network** will foster the strategic growth of culinary tourism as a product niche for Jamaica.

The development of our tourism products in the Blue and John Crow Mountains is a focus of the **Gastronomy Network** and in keeping with its objective of developing and marketing new festivals, the network has conceptualized the **Jamaica Blue Mountain Culinary Trail** and the **Jamaica Blue Mountain Coffee Festival.**

PARTICIPATING EATERIES AND ATTRACTIONS

Belcour Lodge, *Irish Town*
Belcour Lodge is a beautiful private, colonial-era home set in a lovely, little river valley amid expansive gardens. Robin and Michael Lumsden offer visitors culinary tours of the property which includes an apiary with around 100 colonies, a citrus orchard, and several different types of fruit trees.
Directions: 15 minutes drive from Papine - First left off New Castle/Irish Road (left at a white milestone marker below Maryland)
Opening Hours: By appointment only
Contact: 876-622-7921 / Email: belcourpreserves@gmail.com
Website: www.belcourpreserves.com

Crystal Edge Restaurant, *Irish Town*
Crystal Edge offers a range of Jamaican favourites, filled with heart and the right kick of flavor.
Opening Hours: Tuesdays-Sundays (9:00am-7:00pm)
Contact: 876-944-8053 / Email: crystaledgerestaurant@hotmail.com

Café Blue, *Irish Town*
Café Blue serves a variety of pastries, sandwiches, coffee beverages and tea. The backdrop of the Blue Mountains gives a serene and relaxing dining experience.
Opening Hours: Mondays-Fridays (8:30am-4:30pm)
Contact: 876-944-8918 / Email: farms@cwjamaica.com
Website: www.jamaicacafeblue.com

Strawberry Hill Hotel, *Newcastle Road/Irish Town*
Set in the Blue Mountains, Strawberry Hill offers exquisite cottages, savory meals with modern Caribbean flavours in a relaxing and serene environment.
Opening Hours: 8:00am - 10:30am (Breakfast) 12:00pm - 4:00pm (Lunch) 6:00pm - 9:30pm (Dinner)
Contact: 876-944-8400
Email: reservations@islandoutpost.com
Website: www.strawberryhillhotel.com

Craighton Estates, *Irish Town*
Craighton Estate offers a coffee tour to visitors on Origination, Cultivation and Processing of Jamaica Blue Mountain Coffee. Hike and tour the Coffee Estate and observe first hand Coffee Farming practices.
Opening Hours: 8:30am-4:30pm
Contact: 876-929-8490 / Email: secucc@cwjamaica.com

Serendipity Holistic Resort and Spa, *Irish Town*
Serendipity offers cabin accommodation as well as a variety of experiences such as Yoga, Hiking, Coffee tours and spa treatments. Restaurant on-site.
Opening Hours: 9:00am-5:00pm
Contact: 876-944-8760 / Email: info@serendipityholisticresort.com /
Website: www.serendipityholisticresort.com

RafJam Bed and Breakfast, *Red Light District, Irish Town*
Deep in the valleys of the Blue Mountains, and nestled between two rivers, Rafjams Bed and Breakfast offers an authentic, Jamaican experience like none other. Guest accommodations are perched high above the natural scenery. Restaurant on-site.
Opening Hours: 6:00am-10:00pm
Contact: 876-944-8945 / 944-8094
Email: rafjam.productions@gmail.com
Website: www.rafjam.net

EITS Café, *New Castle Road*
EITS Cafe has a rustic laid-back feel and offers an appealing fusion of gourmet European-Jamaican food. Most of the food served here is grown on-site at the Food Basket Farm. Neighboring farms also supply fresh produce to EITS.
Opening Hours: 9:00am-6:00pm
Contact: 876-944-8151/Email: jamaicamountedge@gmail.com
Website: www.17milepost.com

Newcastle, *Blue and John Crow Mountains National Park*
Established by the British as a military center in 1840. It is now used as a training camp for soldiers and recruits of the Jamaica Defence Force (JDF). The location, was chosen by Major General Sir William Gomm, the lieutenant governor of Jamaica. It's about 10-15 degrees cooler than most of the island and there's sometimes snow and ice in the higher elevations in the winter months.
Tour hours: Contact a local Tour Operator

Heritage Gardens, *New Castle*
An old coffee estate with large barbecues, the flat areas where coffee is laid out to dry, hinting at the property's illustrious past as an important coffee processing estate. The grounds, include trails, provide the perfect setting for wandering, meditation, retreats, writing, painting and cultural events. Three bedroom cottages available for rental.
Opening Hours: 8:30am-5:00pm / Contact: 876-978-9519; 978-6297 / Email: heritagegardensbbq@gmail.com
Website: www.heritagegardensjamaica.com

The Gap Café, *Hardware Gap, next door to Holywell National Park*
The rustic café serves mainly traditional Jamaican cuisines and homemade pastries. No trip to the Gap Café would be complete without enjoying a cup of Blue Mountain Coffee. It is said that they serve the best cup of coffee in the world, with fresh beans taken from the surrounding plantations and brewed to order.
Opening Hours: 10:00am-6:00pm
Contact: 876-319-2406; 361-4192 / Email: thegapcafe@gmail.com